

COURSES

REIKI I 2 days 10am – 5pm Breed Neylon Glasnevin	€190
NIGHT COURSE IN COACHING Every Wednesday for 6weeks 7pm – 9:30pm Caitlin O'Connor Glasnevin	€350
INSIGHTS – IMPROVING PERSONAL AND PROFESSIONAL DEVELOPMENT 1 day 10am – 5pm Caitlin O'Connor Glasnevin	€375
WELL BEING –FITNESS, NUTRITION AND THOUGHT LEADERSHIP 2 days 10am – 5pm Caitlin O'Connor Glasnevin	€250
BIOFORCE HERBAL REMEDIES 1 day 10am – 4:30pm Gail Chamberlain Glasnevin	€90
YOGA CLASSES (HATHA YOGA) MAX OF FOUR PEOPLE 6 weeks Carolina Gomez Glasnevin	€100
HEAL YOUR LIFE WORKSHOP (based on the philosophy of Louise Hay) Dates TBA Glasnevin	€95
BACH FLOWER REMEDIES 2 Days 10am – 4:30pm Angelina Kelly Glasnevin	€185

There is a 24 hour Cancellation Policy on all Appointments.

About us

Patricia O'Reilly established the Natural Therapy and Beauty Clinic (Coolmine, Dublin 15) in 1992. Since then, thousands of people have experienced our high quality beauty and natural therapy services.

Now Patricia has opened Healing.ie in Glasnevin. She looks forward to bringing healing therapies to many more.

Sports Massage

We provide Sports Massage Therapy services for all kinds of sports and muscular related problems.

Natural Therapies

The Clinic provides a range of Natural and Complementary therapies, including Aromatherapy and Holistic Massage, Reflexology, Reiki, Indian Head Massage and Swedish Body Massage.

Beauty Treatments

We provide a range of Beauty Care, Eye-care, Waxing, Electrolysis, Manicure and Pedicure Services at our Coolmine Centre.

Webpage: www.healing.ie
 E-mail: info@healing.ie

Coolmine location map

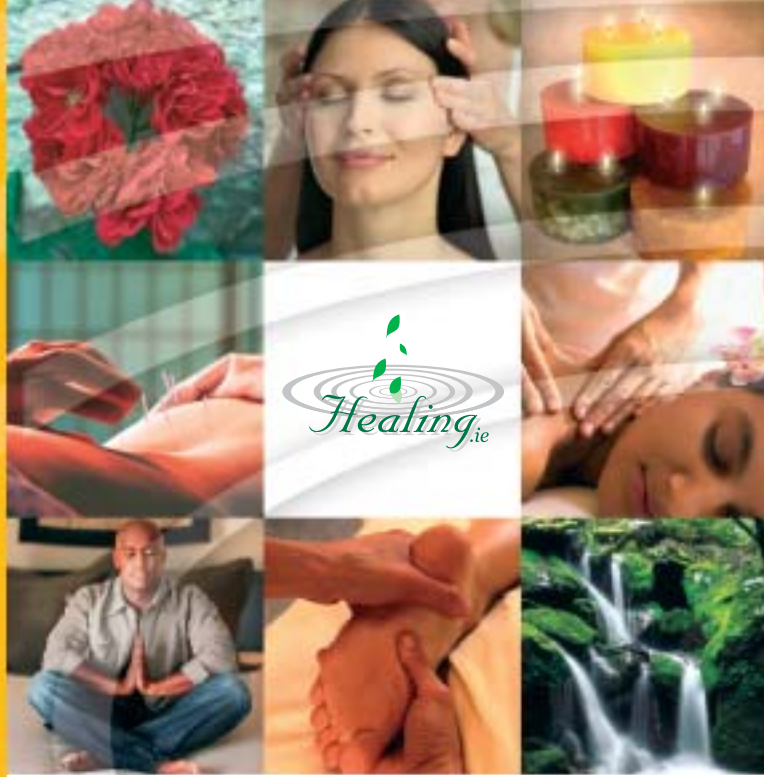


HEALING.IE (Coolmine)
 NATURAL THERAPY & BEAUTY CLINIC
 COOLMINE SPORTS COMPLEX
 CLONSILLA
 DUBLIN 15
 Phone: 01 820 7172

HEALING.IE (Glasnevin)
 5 PROSPECT AVENUE
 GLASNEVIN
 DUBLIN 9
 Phone: 01 882 8006

Proprietor:
 Patricia O'Reilly CIBTAC, CIDESCO, ISPA,
 Reiki Master/Teacher, IET

www.healing.ie



Healing.ie - Coolmine
 Natural Therapy &
 Beauty Clinic

Coolmine Sports Complex, tel: 01 820 7172
www.healing.ie

Massage Therapy

Aromatherapy Full Body Massage (1 ½ hours)	€65
Aromatherapy Full Body Massage (1 hour)	€50
Back Massage (30 mins)	€30
Back Massage – Course of 4	€110
Holistic Body Massage (1 hour)	€50
Indian Head Massage (30 mins)	€30
Pregnancy Massage (1 hour)	€50
Swedish Body Massage (1 hour)	€50
Sports Massage (1 hour)	€50

Other Therapies

Amatsu (45 mins)	€60
Chiropractic (45 mins)	€60
Kinesiology (1 hour)	€60
Life Coaching (1 hour)	€65
Metamorphosis (1 hour)	€50
Neuromuscular Therapy (1 hour)	€50
Physiotherapy (1 hour)	€50
Reflexology (1 hour)	€50
Reiki (1 hour)	€50

Beauty Care

Dr Hauschka Facial for Impure and Acne Skin (1 ¼ hour)	€50
Dr Hauschka Facial for Sensitive Skin (1 ¼ hour)	€50
Dr Hauschka Normalising Facial including deep cleanse and lymph stimulation (1 ¼ hour)	€50
Dr Hauschka Course of 4 (1 ¼ hour)	€190
Aromatherapy Facial (1 hour)	€45
Aromatherapy Facial Course of 4	€170

Electrolysis

10 min Electrolysis	€15
15 min Electrolysis	€20

Eye Care

Eyelash Tint, Brow Tint and Trim	€25
Eyebrow Shape	€8
Eyebrow Tint	€6
Eyelash Tint	€14

Waxing for Women

Bikini Wax from	€15
High Bikini Wax and Up from	€15
Tummy Wax from	€7
Full Leg Wax	€30
Full Leg including Bikini Wax	€35
Half Leg Wax	€17
Half Leg including Bikini Wax	€27
Half Leg and Back of Thigh Wax	€22
Top Half Leg including Bikini Wax	€25
Underarm Wax	€13
Arm Wax	€15
Lip or Chin Wax	€7
Lip and Chin Wax	€12
Side of Face Wax from	€7

Other Beauty Treatments

Manicure	€25
French Manicure	€27
Mini Manicure	€15
Pedicure	€30
French Pedicure	€33
Mini Pedicure	€18

Beauty Treatments for Men

Dr Hauschka Facial (1 ¼ hour)	€50
Aromatherapy Facial (1 hour)	€45
Back Wax	€25
Chest Wax	€25
Manicure	€25

5 WEEK INTRODUCTION TO HEALING THERAPIES

Coolmine: January dates TBA
7.30pm – 9.30pm

Cost: €100

Course includes:

- ❖ **Introduction to Counselling based on Person Centred Approach**, Tina McGrath
Hypnotherapy Explained, Kieran Fitzpatrick
- ❖ **Amatsu – the Natural Physical Therapy of Japan. Structural Realignment**, Younis Fakhfakh
Introduction to Traditional Chinese Medicine and Acupuncture, Suzanne Stone
- ❖ **Introduction to Massage**, Hilary Saunders
Introduction to Sports Massage & Neuromuscular Therapy, Michael McFadden
- ❖ **Traditional Thai Massage**, Marion Bienert
Introduction to Reiki, Heike Stenzel
- ❖ **Fulfilment through Coaching**, Caitlin O'Connor
Introduction to Bach Flower Remedies, Bioforce Herbal Remedies, & Reflexology, Gail Chamberlain

**ALL COURSE GROUPS –
MAX OF TEN PEOPLE**

For more information about treatments, courses and our therapists please visit www.healing.ie

INDIAN HEAD MASSAGE 2 days 10am – 5pm Gail Chamberlain Coolmine/Glasnevin	€175
AURICULAR CANDLE THERAPY 2 days 10am – 5pm Gail Chamberlain Coolmine/Glasnevin	€190