

# COURSES

<b>REIKI I</b> 2 days 10am – 5pm Breed Neylon Glasnevin	€190
<b>NIGHT COURSE IN COACHING</b> Every Wednesday for 6weeks 7pm – 9:30pm Caitlin O'Connor Glasnevin	€350
<b>INSIGHTS – IMPROVING PERSONAL AND PROFESSIONAL DEVELOPMENT</b> 1 day 10am – 5pm Caitlin O'Connor Glasnevin	€375
<b>WELL BEING –FITNESS, NUTRITION AND THOUGHT LEADERSHIP</b> 2 days 10am – 5pm Caitlin O'Connor Glasnevin	€250
<b>BIOFORCE HERBAL REMEDIES</b> 1 day 10am – 4:30pm Gail Chamberlain Glasnevin	€90
<b>YOGA CLASSES (HATHA YOGA) MAX OF FOUR PEOPLE</b> 6 weeks Carolina Gomez Glasnevin	€100
<b>HEAL YOUR LIFE WORKSHOP (based on the philosophy of Louise Hay)</b> Dates TBA Glasnevin	€95
<b>BACH FLOWER REMEDIES</b> 2 Days 10am – 4:30pm Angelina Kelly Glasnevin	€185

There is a 24 hour Cancellation Policy on all Appointments.

### About us

Patricia O'Reilly established the Natural Therapy and Beauty Clinic (Coolmine, Dublin 15) in 1992. Since then, thousands of people have experienced our high quality beauty and natural therapy services.

Now Patricia has opened Healing.ie in Glasnevin. She looks forward to bringing healing therapies to many more.

### Sports Massage

We provide Sports Massage Therapy services for all kinds of sports and muscular related problems.

### Natural Therapies

The Clinic provides a range of Natural and Complementary therapies, including Aromatherapy and Holistic Massage, Reflexology, Reiki, Indian Head Massage and Swedish Body Massage.

### Beauty Treatments

We provide a range of Beauty Care, Eye-care, Waxing, Electrolysis, Manicure and Pedicure Services at our Coolmine Centre.

Webpage: [www.healing.ie](http://www.healing.ie)  
 E-mail: [info@healing.ie](mailto:info@healing.ie)

Coolmine location map

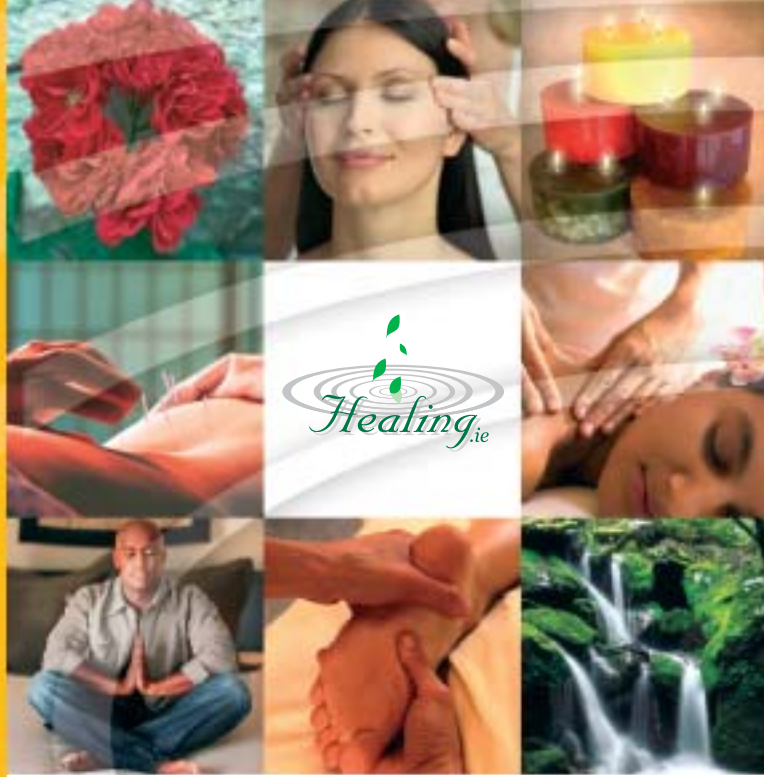


HEALING.IE (Coolmine)  
 NATURAL THERAPY & BEAUTY CLINIC  
 COOLMINE SPORTS COMPLEX  
 CLONSILLA  
 DUBLIN 15  
 Phone: 01 820 7172

HEALING.IE (Glasnevin)  
 5 PROSPECT AVENUE  
 GLASNEVIN  
 DUBLIN 9  
 Phone: 01 882 8006

Proprietor:  
 Patricia O'Reilly CIBTAC, CIDESCO, ISPA,  
 Reiki Master/Teacher, IET

[www.healing.ie](http://www.healing.ie)



Healing.ie - Coolmine  
 Natural Therapy &  
 Beauty Clinic

Coolmine Sports Complex, tel: 01 820 7172  
[www.healing.ie](http://www.healing.ie)

**Massage Therapy**

Aromatherapy Full Body Massage (1 ½ hours)	€65
Aromatherapy Full Body Massage (1 hour)	€50
Back Massage (30 mins)	€30
Back Massage – Course of 4	€110
Holistic Body Massage (1 hour)	€50
Indian Head Massage (30 mins)	€30
Pregnancy Massage (1 hour)	€50
Swedish Body Massage (1 hour)	€50
Sports Massage (1 hour)	€50

**Other Therapies**

Amatsu (45 mins)	€60
Chiropractic (45 mins)	€60
Kinesiology (1 hour)	€60
Life Coaching (1 hour)	€65
Metamorphosis (1 hour)	€50
Neuromuscular Therapy (1 hour)	€50
Physiotherapy (1 hour)	€50
Reflexology (1 hour)	€50
Reiki (1 hour)	€50

**Beauty Care**

Dr Hauschka Facial for Impure and Acne Skin (1 ¼ hour)	€50
Dr Hauschka Facial for Sensitive Skin (1 ¼ hour)	€50
Dr Hauschka Normalising Facial including deep cleanse and lymph stimulation (1 ¼ hour)	€50
Dr Hauschka Course of 4 (1 ¼ hour)	€190
Aromatherapy Facial (1 hour)	€45
Aromatherapy Facial Course of 4	€170

**Electrolysis**

10 min Electrolysis	€15
15 min Electrolysis	€20

**Eye Care**

Eyelash Tint, Brow Tint and Trim	€25
Eyebrow Shape	€8
Eyebrow Tint	€6
Eyelash Tint	€14

**Waxing for Women**

Bikini Wax from	€15
High Bikini Wax and Up from	€15
Tummy Wax from	€7
Full Leg Wax	€30
Full Leg including Bikini Wax	€35
Half Leg Wax	€17
Half Leg including Bikini Wax	€27
Half Leg and Back of Thigh Wax	€22
Top Half Leg including Bikini Wax	€25
Underarm Wax	€13
Arm Wax	€15
Lip or Chin Wax	€7
Lip and Chin Wax	€12
Side of Face Wax from	€7

**Other Beauty Treatments**

Manicure	€25
French Manicure	€27
Mini Manicure	€15
Pedicure	€30
French Pedicure	€33
Mini Pedicure	€18

**Beauty Treatments for Men**

Dr Hauschka Facial (1 ¼ hour)	€50
Aromatherapy Facial (1 hour)	€45
Back Wax	€25
Chest Wax	€25
Manicure	€25

**5 WEEK INTRODUCTION TO HEALING THERAPIES**

**Coolmine:** January dates TBA  
7.30pm – 9.30pm

**Cost:** €100

**Course includes:**

- ❖ **Introduction to Counselling based on Person Centred Approach**, Tina McGrath  
**Hypnotherapy Explained**, Kieran Fitzpatrick
- ❖ **Amatsu – the Natural Physical Therapy of Japan. Structural Realignment**, Younis Fakhfakh  
**Introduction to Traditional Chinese Medicine and Acupuncture**, Suzanne Stone
- ❖ **Introduction to Massage**, Hilary Saunders  
**Introduction to Sports Massage & Neuromuscular Therapy**, Michael McFadden
- ❖ **Traditional Thai Massage**, Marion Bienert  
**Introduction to Reiki**, Heike Stenzel
- ❖ **Fulfilment through Coaching**, Caitlin O'Connor  
**Introduction to Bach Flower Remedies, Bioforce Herbal Remedies, & Reflexology**, Gail Chamberlain

**ALL COURSE GROUPS – MAX OF TEN PEOPLE**

**For more information about treatments, courses and our therapists please visit [www.healing.ie](http://www.healing.ie)**

<b>INDIAN HEAD MASSAGE</b> 2 days 10am – 5pm Gail Chamberlain Coolmine/Glasnevin	€175
<b>AURICULAR CANDLE THERAPY</b> 2 days 10am – 5pm Gail Chamberlain Coolmine/Glasnevin	€190